



LGBTQ Resources

Community Resource	Phone Number	Address	Notes
Alcoholics Anonymous—King County http://www.aa.org/lang/en/meeting_finder.cfm?origpage=29	(206) 587-2838	5507 6th Ave S Seattle, WA, 98108	Helps alcoholics achieve sobriety through 12-step support groups throughout King County, including separate-sex meetings, as well as special groups for Native Americans, Spanish speakers and those who identify as GLBT.
API Chaya--Asian and Pacific Islander Women and Family Safety Center http://www.apiwfsc.org	(206) 467-9976	Mailing address: P.O. Box 14047 Seattle, WA 98114 Call for physical location	Provides community organization and education about domestic violence and sexual assault in the queer Asian and Pacific Islander community. No restrictions. Works with both men and women.
Center for Sex Positive Culture http://www.sexpositiveculture.org/about-us/history	(206) 270-9746	1602 15th Ave. W Seattle, WA 98119	Educational and resource organization primarily for people with alternative sexualities, such as ethical non-monogamy, BDSM, or fetishes. Activities include support groups, social groups, classes, a library, and a community center.
Everett Community College—Lesbian Support Group http://www.everettcc.edu	(425) 388-9100	2000 Tower St Everett, WA, 98201	Offers support groups dealing with a variety of issues such as Domestic Violence Information and Support Group; Empowerment Club; Job Hunters Club; Lesbian Support Group; Operation Improvement; Project Self-Sufficiency Support Group; Speaking For Ourselves, Writing For Our Lives; S.P.L.I.C.E. Club (Single Parents, Low Income for College Education); Woman talk; and College Success Strategies.
Gay and Lesbian Medical Association http://www.glma.org	(202) 600-8037	1326 18th Street NW Suite 22 Washington, DC 20036	Advocates for the needs of gay, lesbian, bisexual, and transgender medical professionals and patients. Offers online and phone referrals to GLBT-friendly health care professionals.



<p>Gay City Health Project</p> <p>http://www.gaycity.org</p>	<p>(206) 860-6969</p>	<p>517 E Pike St Seattle, WA 98122</p>	<p>Gay City Health Project is a multicultural gay men's health organization and the leading provider of HIV and STI testing in King County. Their mission is to promote wellness in LGBT communities by providing health services, connecting people to resources, fostering arts and building community.</p>
<p>Gay Fathers Association of Seattle</p> <p>http://www.gfas.org</p>	<p>Website only</p>	<p>PMB 1270 1122 East Pike Street Seattle, WA 98122</p>	<p>Provides a support group for gay men with children, addressing issues of parenting, divorce, separation, and coming out. See website for more information.</p>
<p>Gay, Lesbian, and Straight Education Network--GLSEN Washington State</p> <p>http://www.glsenwa.org</p>	<p>(206) 330-2099</p>	<p>1605 12th Ave Suite 35 Seattle, WA 98122</p>	<p>GLSEN is an education organization creating safe schools for all lesbian, gay, bisexual and transgender people. Everyone (regardless of occupation or sexual orientation) is welcome to get involved. GLSEN combats the harassment and discrimination leveled against students and school personnel and brings students, educators, families and other community members - of any sexual orientation - to reform America's educational system.</p>
<p>Gender Alliance of the South Sound</p> <p>http://www.southsoundgender.com/</p>	<p>253-383-2318</p>	<p>The Rainbow Center 741 St. Helens Street Tacoma, WA</p>	<p>Dedicated to assisting the transgender community within the South Puget Sound area of Washington state. Open to all individuals who wish to learn more about their own unique inner self and to meet and mingle with others who are also on this voyage of discovery. Welcomes anyone on the transgender spectrum: crossdressers, transsexuals (M-to-F and F-to-M), intersexed individuals, as well as spouses, significant others, friends and family. Offers social opportunities and community resource referral to assist this population.</p>
<p>Gender Odyssey—Center for Transgender Health and Wellness</p> <p>http://www.genderodyssey.org</p>	<p>(206) 853-9390</p>	<p>702 Kentucky St #164 Bellingham, WA 98225</p>	<p>Offers an annual conference on transgender and gender variant issues that attracts hundreds of people from across North America and around the world. On any given year, Gender Odyssey offers over 70 informative and empowering workshops, films, receptions, performances and the chance to make lifelong friends. See website for conference details.</p>



<p>GLBT National Help Center http://www.glbtnationalhelpcenter.org</p>	<p>(888) 843-4564</p>	<p>2261 Market St #296 San Francisco, CA 94114</p>	<p>Provides free and anonymous information, referrals, and peer counseling to gay, lesbian, bisexual, transgender, and questioning callers.</p>
<p>Greater Seattle Business Association http://www.thegsba.org</p>	<p>(206) 363-9188</p>	<p>400 E Pine St Suite #322 Seattle, WA 98122</p>	<p>Provides a monthly forum for the exchange of ideas and business contacts among LGBT business owners and professionals. Their mission is to combine business development, social action and leadership to expand economic opportunities for the LGBT community and those who support equality for all. Also offers scholarships to undergraduates. See website for more information.</p>
<p>Lambert House http://www.lamberthouse.org</p>	<p>(206) 322-2515</p>	<p>1818 15th Ave Seattle, WA 98122</p>	<p>Lambert House is a center for gay, lesbian, bisexual, transgender, and questioning youth that encourages empowerment through the development of leadership, social, and life skills. Serves youth, ages 22 and under. Offers fun activities, support groups, planning meetings, dances, and other events, with the goal to make life better for GLBTQ youth.</p>
<p>Lesbian Resource Center http://www.lrc.net</p>	<p>(206) 322--3953</p>	<p>227 S. Orcas St. Seattle, WA 98108</p>	<p>Resource center that offers referral and a community space for lesbians. Also has lending library with classic lesbian fiction and feminist literature. Hosts a variety of support/discussion groups and fun events for the local lesbian community. See website for more details.</p>
<p>Northwest Network of Bisexual, Trans, Lesbian and Gay Survivors of Abuse http://www.nwnetwork.org</p>	<p>(206) 568-7777</p>	<p>Mailing address: P.O. Box 18436 Seattle, WA 98118 Call for physical location</p>	<p>Supports the self-determination and safety of bisexual, transgendered, lesbian and gay survivors of abuse through education, organizing and advocacy. Offers advocacy and resource referral to survivors, classes and workshops to the community, and programs and activities for youth. See website for comprehensive list of services.</p>



<p>Parents, Families, and Friends of Lesbians and Gays—PFLAG</p> <p>http://www.seattle-pflag.org</p>	<p>(206) 325-7724</p>	<p>Call for location</p>	<p>Helpline offers support, resources and educational opportunities for parents, family members, straight allies and friends of GLBTQI individuals. Also serves people who need support with issues related to coming out and being gay. Voicemail only. Will respond to messages within 48 hours.</p> <p>Coordinates support groups for people who are GLBTQI and their families, friends and allies; resource information and support groups for spouses of gays/lesbians are available at all three Seattle meeting locations. Support groups are held in Seattle, Bellevue and Renton. Call for times and locations.</p>
<p>Peace for the Streets by Kids from the Streets—Outreach and Supportive Services</p> <p>http://www.psk.org</p>	<p>(206) 726-8500</p>	<p>1814 Summit Ave Seattle, WA, 98122</p>	<p>Provides basic survival supplies, referrals and resources where youth can obtain services i.e. case management, education and housing. Homeless youth and young adults, ages 25 and younger.</p>
<p>Pride Foundation</p> <p>http://www.pridefoundation.org</p>	<p>(206) 323-3318</p>	<p>Call for location</p>	<p>Provides post-secondary education scholarships for lesbian, gay, bisexual and transgender (LGBT) individuals and their children. Several types of scholarships are offered for post-secondary education, each with their own eligibility requirements. Primary beneficiaries are LGBT individuals and their children as well as straight allies.</p>
<p>Public Health—Seattle & King County—Sexually Transmitted Disease Clinic</p> <p>http://www.kingcounty.gov/healthservices/health/communicable/std.aspx</p>	<p>(206) 744-3590</p>	<p>908 Jefferson St 11th Floor Seattle, WA, 98104</p>	<p>Offers diagnosis and treatment of patients with a sexually transmitted infection (STI) and their sexual contacts. Staff are sensitive to the needs of gays and lesbians. Fee is based on service. Offers sliding scale fees with a minimum fee of \$15, but no person will be denied services because of inability to pay. Additional fee is charged for herpes serology. Medicare, DSHS Services Cards (Medicaid) and insurance are accepted.</p>



<p>Rainbow Families of Puget Sound</p> <p>http://www.rainbowfamiliesps.org</p>	<p>Website only</p>	<p>Seattle, WA, 98127</p>	<p>Provides social support for gay, lesbian, bisexual, and transgender (GLBTQI) parents and their families. Social support and children's play groups available in various neighborhoods throughout Seattle. Schedules and facilitates social events throughout the year. Operates website and listserv. Visit website for information. Subscribe to listserv by sending an e-mail to rainbowfamilies@yahoo.com with "subscribe Rainbow Families" in the body of the e-mail.</p>
<p>Seattle Area Support Groups and Community Center—GLBT Legal Clinic</p> <p>http://www.q-law.org/legalclinic</p>	<p>(206) 235-7235</p>	<p>303 17th Ave E Seattle, WA, 98112</p>	<p>Hosts a free legal clinic specifically designed to address the needs of lesbian, gay, bisexual, and transgender individuals and couples. At the clinic, an attorney will meet with you for 30 minutes and provide you with individualized legal advice and information. Clinic attorneys will answer questions and provide information in a variety of areas including family law, debt and bankruptcy, divorce/dissolution, employment discrimination, and transgender legal issues. The clinic is open to everyone regardless of sexual orientation or gender identity.</p>
<p>Seattle Area Support Groups and Community Center—GLBT Support Groups</p> <p>http://sasgcc.org</p>	<p>(206) 322-2437</p>	<p>303 17th Ave E Seattle, WA, 98112</p>	<p>Provides emotional support to the greater King County LGBTQ community, including facilitating HIV/AIDS support groups, LGBTQ support groups and addiction recovery support groups. Groups are led by trained peer facilitators. Most groups are ongoing and meet weekly. Some require pre-registration.</p>
<p>Seattle Counseling Service— Chemical Dependency Treatment Program</p> <p>http://www.seattlecounseling.org</p>	<p>(206) 323-1768</p>	<p>1216 Pine St Suite 300 Seattle, WA, 98101</p>	<p>Provides a multi-phase, addiction treatment recovery program to GLBTQI individuals; includes group and individual sessions and case management. CAN SERVE YOUTH AGES 13-18. Based on sliding scale fees. Accepts DSHS Services Cards (Medicaid) and most insurance plans.</p>



<p>Seattle Counseling Service— Ingersoll Gender Center</p> <p>http://www.ingersollcenter.org</p>	<p>(206) 323-1768</p>	<p>1216 Pine St Suite 300 Seattle, WA, 98101</p>	<p>Hosts a free peer-facilitated support group for trans- and gender-variant folks, partners, family, friends and community allies to come together for information and mutual support. The first and third Wednesdays of the month are 'breakout sessions', where attendees are divided into smaller, focus groups. The four focus groups are as follows: male-identified, female identified, gender-queer, and SOFFA (significant other, family, friends, and allies). All other Wednesdays, meets as a single, large group.</p>
<p>Seattle Counseling Service—Mental Health Case Management</p> <p>http://www.seattlecounseling.org</p>	<p>(206) 323-1768</p>	<p>1216 Pine St Suite 300 Seattle, WA, 98101</p>	<p>Offers medication evaluation, therapy and ongoing case management to individuals with chronic mental illness and others with DSHS Services Cards (Medicaid); call for more information.</p>
<p>Seattle Counseling Service—Older Adults Program</p> <p>http://www.seattlecounseling.org</p>	<p>(206) 323-1768</p>	<p>1216 Pine St Suite 300 Seattle, WA, 98101</p>	<p>Provides individual and couples counseling, case management, psychiatric evaluation and medication management for GLBT adults, 60+. Services are provided at agency, client's home or alternate site. Sliding scale payments. Insurance, Medicare and DSHS Services Cards (Medicaid) are accepted in some cases.</p>
<p>Seattle Counseling Service— Project Neon—Crystal Meth Support Groups</p> <p>http://www.seattlecounseling.org</p>	<p>(206) 323-1768</p>	<p>1216 Pine St Suite 300 Seattle, WA, 98101</p>	<p>Facilitates a free harm reduction, non-abstinence based support group for users of crystal meth. Offers additional abstinence and non-abstinence groups for gay and bisexual men who use crystal meth.</p>
<p>Seattle Counseling Service— Therapeutic Services</p> <p>http://www.seattlecounseling.org</p>	<p>(206) 323-1768</p>	<p>1216 Pine St Suite 300 Seattle, WA, 98101</p>	<p>Coordinates counseling on all issues for gay, lesbian, bisexual and transgender people; counseling and support services for heterosexual partners of lesbians and gay men. Counseling: \$0-85 per session. Insurance and DSHS Services Cards (Medicaid) are accepted in appropriate cases. Some clients may qualify for grant-based funding.</p>



<p>Seattle Counseling Service—Young Adult Services</p> <p>http://www.seattlecounseling.org</p>	<p>(206) 323-1768</p>	<p>1216 Pine St Suite 300 Seattle, WA, 98101</p>	<p>Offers counseling, crisis intervention and HIV education for children of GLBT individuals and gay, lesbian, bisexual and transgender young adults 17-25 years old. Offers referrals for housing, employment, health, mental health and counseling. No fees for crisis intervention services. Sliding scale fees for other services.</p>
<p>Seattle Gay News</p> <p>http://www.sgn.org</p>	<p>(206) 324-4297</p>	<p>Call for location</p>	<p>Weekly news source featuring stories of interest to the gay, lesbian, transgender, and bisexual community.</p>
<p>Seattle Office for Civil Rights—LGBT Commission</p> <p>http://www.seattle.gov/lgbt</p>	<p>(206) 684-4500</p>	<p>Central Building 810 Third Avenue Suite 750 Seattle, WA 98104-1627</p>	<p>The Commission's role is to effectively address and present the concerns of lesbian, gay, bisexual and transgendered citizens of Seattle to the Mayor, City Council, and all City Departments. The Commission recommends legislation, policy, programs and budget items to the mayor, city council and city departments.</p>
<p>Youth Eastside Services—B-GLAD/LGBTQ Youth Group</p> <p>http://www.youtheastideservices.org</p>	<p>(425) 747-4937</p>	<p>Main office: 999 164th Ave NE Bellevue, WA 98008</p> <p>Kirkland office: 11829 97th Ave NE Kirkland, WA 98034</p> <p>Redmond office: 16225 NE 87th St. Ste A-2 Redmond, WA 98052</p>	<p>B-GLAD (Bisexual-Gay-Lesbian Adolescent Drop-in) is a free drop-in support group open to youth ages 12 to 19 who may identify themselves as lesbian, gay, bisexual, transgender or queer or who may be questioning their gender and/or sexual identity. Enables youth to meet their peers and discuss life issues in a safe and confidential environment. Also offers one-on-one counseling for youth who want to discuss their sexual and/or gender identity. Youth may self-refer and will be helped regardless of ability to pay. Accepts Medicaid/Medical Coupons, most insurance plans and offers a sliding fee scale based on family income.</p>